

### Household and Population Detail of Sindhupalchowk District

| S.N | VDC Name     | Households | Population |        |       |
|-----|--------------|------------|------------|--------|-------|
|     |              |            | Male       | Female | Total |
| 1   | Atarपुर      | 464        | 1,034      | 1,148  | 2,182 |
| 2   | Badegau      | 1,160      | 2,534      | 2,819  | 5,353 |
| 3   | Banskharka   | 588        | 1,170      | 1,089  | 2,259 |
| 4   | Baramchi     | 705        | 1,610      | 1,638  | 3,248 |
| 5   | Barhabise    | 1,683      | 3,519      | 3,598  | 7,117 |
| 6   | Baruwa       | 487        | 932        | 899    | 1,831 |
| 7   | Batase       | 1,152      | 2,273      | 2,609  | 4,882 |
| 8   | Bhimtar      | 892        | 2,084      | 2,442  | 4,526 |
| 9   | Bhotasipa    | 994        | 2,084      | 2,534  | 4,618 |
| 10  | BhoteNamlang | 792        | 1,783      | 1,768  | 3,551 |
| 11  | Bhotechaur   | 1,074      | 2,266      | 2,486  | 4,752 |
| 12  | Chokati      | 627        | 1,163      | 1,334  | 2,497 |
| 13  | Dhumthang    | 851        | 1,798      | 1,982  | 3,780 |
| 14  | Dubachour    | 1,375      | 2,773      | 2,940  | 5,713 |
| 15  | Fulpingdanda | 1,054      | 2,305      | 2,497  | 4,802 |
| 16  | Fulpinkatti  | 783        | 1,704      | 1,593  | 3,297 |
| 17  | Fulpingkot   | 904        | 1,771      | 2,044  | 3,815 |
| 18  | Gati         | 874        | 2,001      | 2,025  | 4,026 |
| 19  | Ghorthali    | 465        | 950        | 947    | 1,897 |
| 20  | Dhuskun      | 759        | 1,336      | 1,590  | 2,926 |
| 21  | Gloche       | 731        | 1,817      | 1,794  | 3,611 |
| 22  | Gumba        | 674        | 1,727      | 1,704  | 3,431 |
| 23  | Gunsakot     | 449        | 1,000      | 902    | 1,902 |
| 24  | Hagam        | 818        | 1,874      | 1,973  | 3,847 |
| 25  | Haibung      | 576        | 1,174      | 1,310  | 2,484 |
| 26  | Helambu      | 656        | 1,258      | 1,306  | 2,564 |
| 27  | Ichok        | 1,270      | 2,630      | 2,757  | 5,387 |
| 28  | Irkhu        | 751        | 1,555      | 1,888  | 3,443 |
| 29  | Jalbire      | 611        | 1,228      | 1,312  | 2,540 |
| 30  | Jethal       | 620        | 1,223      | 1,330  | 2,553 |
| 31  | Kadambas     | 834        | 1,472      | 1,900  | 3,372 |
| 32  | Kalika       | 545        | 979        | 1,272  | 2,251 |
| 33  | Karthali     | 836        | 1,608      | 1,739  | 3,347 |
| 34  | Kiwool       | 764        | 1,444      | 1,506  | 2,950 |
| 35  | Kunchok      | 927        | 1,829      | 2,138  | 3,967 |
| 36  | Langarche    | 592        | 1,252      | 1,338  | 2,590 |
| 37  | Lisankhu     | 938        | 1,753      | 2,021  | 3,774 |

|    |               |       |       |       |       |
|----|---------------|-------|-------|-------|-------|
| 38 | Listikot      | 949   | 1,555 | 1,750 | 3,305 |
| 39 | Mahankal      | 1,024 | 2,280 | 2,563 | 4,843 |
| 40 | Maneswnara    | 789   | 1,577 | 1,816 | 3,393 |
| 41 | Mankha        | 1,860 | 3,698 | 4,054 | 7,752 |
| 42 | Marming       | 718   | 1,660 | 1,595 | 3,255 |
| 43 | Bhotang       | 624   | 1,431 | 1,151 | 2,582 |
| 44 | Nawalpur      | 797   | 1,646 | 1,825 | 3,471 |
| 45 | Pagretar      | 762   | 1,428 | 1,524 | 2,952 |
| 46 | Palchok       | 489   | 952   | 975   | 1,927 |
| 47 | Pangtang      | 487   | 1,255 | 1,226 | 2,481 |
| 48 | Petaku        | 391   | 737   | 863   | 1,600 |
| 49 | Piskar        | 538   | 1,115 | 1,171 | 2,286 |
| 50 | Ramche        | 999   | 2,028 | 2,064 | 4,092 |
| 51 | Sangachok     | 2,128 | 4,311 | 5,266 | 9,577 |
| 52 | Selang        | 526   | 1,298 | 1,315 | 2,613 |
| 53 | SipaPokhare   | 833   | 1,787 | 2,018 | 3,805 |
| 54 | SipalKavre    | 608   | 1,412 | 1,365 | 2,777 |
| 55 | Sunkhani      | 626   | 1,164 | 1,356 | 2,520 |
| 56 | SyauleBazar   | 833   | 1,715 | 1,915 | 3,630 |
| 57 | Tatopani      | 1,733 | 3,512 | 3,262 | 6,774 |
| 58 | Tauthali      | 776   | 1,255 | 1,507 | 2,762 |
| 59 | Tekanpur      | 422   | 769   | 840   | 1,609 |
| 60 | Thakani       | 718   | 1,563 | 1,876 | 3,439 |
| 61 | ThampalChhap  | 822   | 1,763 | 1,747 | 3,510 |
| 62 | Thangpalkot   | 653   | 1,274 | 1,361 | 2,635 |
| 63 | Thokarpa      | 1,036 | 1,992 | 2,381 | 4,373 |
| 64 | ThuloDhading  | 509   | 1,012 | 1,103 | 2,115 |
| 65 | ThuloPakhar   | 758   | 1,342 | 1,567 | 2,909 |
| 66 | ThuloSirubari | 1,331 | 2,632 | 3,355 | 5,987 |
| 67 | ThumPakhar    | 997   | 1,600 | 2,043 | 3,643 |
| 68 | Yamunadanda   | 393   | 720   | 787   | 1,507 |
| 69 | Chautara      | 1,618 | 2,907 | 3,045 | 5,952 |
| 70 | Kubhinde      | 693   | 1,447 | 1,562 | 3,009 |
| 71 | Pipaldanda    | 787   | 1,498 | 1,873 | 3,371 |
| 72 | Sanusiruwari  | 779   | 1,462 | 1,812 | 3,274 |
| 73 | Bansbari      | 1,102 | 2,395 | 2,661 | 5,056 |
| 74 | Fatakshila    | 894   | 2,138 | 2,148 | 4,286 |
| 75 | Jyamire       | 1,199 | 2,670 | 2,883 | 5,553 |
| 76 | Melamchi      | 1,179 | 2,531 | 2,699 | 5,230 |
| 77 | Sikharpur     | 583   | 1,242 | 1,322 | 2,564 |

|              |               |               |                |                |                |
|--------------|---------------|---------------|----------------|----------------|----------------|
| 78           | Sindhukot     | 681           | 1,490          | 1,635          | 3,125          |
| 79           | Talamarang    | 716           | 1,487          | 1,654          | 3,141          |
| 80           | Institutional | 53            | 1,688          | 340            | 2,028          |
| <b>Total</b> |               | <b>66,688</b> | <b>138,351</b> | <b>149,447</b> | <b>287,798</b> |